

Apple / avocado salad

Ingredients:

1 apple.

1 avocado.

1 clove of garlic.

1-2 tablespoons sour cream. lemon juice of 1/4 lemon. salt and pepper.

The apple and avocado cut into chunky chunks and mix with the finely chopped garlic. Sprinkle with lemon juice before cream fraiche turned in, and the salad season to taste with salt and pepper.

